

The CAR T Cell Therapy Appointment Checklist

When choosing whether a certain type of treatment is right for you, it can be overwhelming to know what questions or information to share with your doctor. If you and your doctor are considering whether CAR T cell therapy may be right for you, your doctor will schedule time to talk about this treatment. Here are some things that you may want to consider to prepare for your doctor's appointment.



What should you bring to your appointments?

- ☐ List of current prescriptions, over-the-counter medications, and vitamins/supplements
- ☐ List of allergies to any medications
- ☐ Medical records (you can request in advance to have records sent to you or a contact at the hospital/clinic)
- ☐ Insurance card(s)
- ☐ Photo ID
- ☐ A caregiver to join the appointment
- ☐ A list of questions you have for the doctor
- ☐ A notebook and pen to write down information
- ☐ Money or credit card for parking, copays, etc

For longer appointments or procedures you may want:

- ☐ Your cellphone and charger
- ☐ A snack or drink
- ☐ Entertainment (book, crossword puzzles, music, etc)
- ☐ Any personal items to make you more comfortable (favorite pillow or blanket, sweater or jacket, photos, toiletries, etc)

Next steps:

- ☐ My next appointment is set for _____ at _____.
(date & time) (address of center/building)
- ☐ Other _____