

YOUR HEALTHCARE TEAM DISCUSSION GUIDE

Starting the CAR T Cell Therapy Conversation



You may have heard about CAR T cell therapy and have questions about what it is, what it involves, and whether it could be an option for you. While this treatment may not be for everyone, a good way to learn about your options and which one is right for you is by talking with your doctor and healthcare team.

My treatment experience:

The CAR T healthcare team may have already reviewed your medical records or even spoken to your oncologist before you arrive at the CAR T treatment center for your consultation. To decide if CAR T cell therapy is right for you, your healthcare team will consider the type of illness you have, past treatments, and your overall health. Take a moment to answer the questions below to help prepare for your consultation with the CAR T healthcare team:

- What type of illness do you have and when were you diagnosed?

- What previous treatments have you received for this illness?

- What other health conditions do you have?

- Does anyone in your family have similar illnesses?

- What medications are you currently taking?

Name of medication	Dose and number of doses per day	Time(s) taken per day (eg, 8 AM)	Time of last dose taken	Notes
Allergies:				

Examples of questions you may want to ask the CAR T healthcare team:

Learning about CAR T cell therapy

- What is CAR T cell therapy?
- How does it work?
- What has been your experience with treating patients with CAR T cell therapy?
- How is it different from other treatments for my disease?
- What illnesses can CAR T cell therapy be used to treat?
- Are all CAR T cell therapies the same?

Finding out if CAR T cell therapy is right for you

- Based on my treatment history, is CAR T cell therapy an option for me?
- How do you determine if I am able to move forward with CAR T cell therapy?
- If I'm eligible for CAR T cell therapy, how will we choose which one is right for me?
- If CAR T cell therapy is not an option for me now, could it be in the future? Are there other options we should look into?

Understanding the treatment process

- What are the steps involved with CAR T cell therapy?
- How long does each step take?
- For which steps will I need to visit and/or stay overnight at the hospital/treatment center?
- At which step(s) in the process will I need to rely on my caregiver?
- What kind of support is available to help me or my caregiver throughout the process?

Preparing for the CAR T cell infusion

- How long does it take for the CAR T cells to be made?
- When will I need to arrive at the hospital/treatment center for my CAR T cell infusion?
- Is any treatment given before the CAR T cell infusion?
- What happens if my illness gets worse while I'm waiting for the CAR T cells to be made?

Receiving the CAR T cell infusion

- How long does the infusion take?
- Where would I receive CAR T therapy? If it is at the hospital, how long do I have to stay?

Understanding what happens after CAR T cell therapy

- How will I know if CAR T cell therapy is working on my illness?
- What are the possible side effects? Can these side effects be serious?
- How common are side effects?
- Are the side effects the same for all CAR T cell therapies?
- When do the side effects occur? How long do they usually last?

Understanding what happens after CAR T cell therapy (continued)

- How are the side effects treated?
- How can my caregiver and I look out for side effects? When should we report a possible side effect to my healthcare team?
- How is my illness monitored after CAR T cell therapy? For how long?
- Where do I go for monitoring? How often?

Use this area to write down any other question you would like to ask your healthcare team.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Share this list of questions with your healthcare team at your next appointment.



Download and print

For more information and resources about CAR T cell therapy, visit explorecelltherapy.com